

WFCFA All-Star Charity Football Games Camp Week Packing List

1. Ideas of items to bring to dorm other than normal clothing
 - a. Extra contacts
 - b. Any meds (over the counters, allergy, Epi Pen, inhalers, etc.)
 - c. Water, Gatorade or other snacks
 - d. There is a hook up for TV in each room
 - e. Small fan and a large fan for window
 - f. Shower shoes
 - g. Boot dryer for cleats (even if it doesn't rain, the grass is wet for morning practices)
 - h. Shower towels
 - i. Extra socks
 - j. Spending money for after practice delivery food

2. Dorms Provide
 - a. Bed linens and blankets (They are not great)
 - b. Mini Fridge with small freezer on top (UW Oshkosh & UW River Falls only)
 - c. Microwave (UW Oshkosh & UW River Falls only)

3. Equipment to bring for practices
 - a. Practice pants/shorts (WFCFA does not provide these)
 - b. Helmet – make sure it fits and check all pads and hardware
 - c. Shoulder pads - check all straps
 - d. Girdle with all pads
 - e. Cleats (Make sure to break them in before first practice)
 - f. Any gloves
 - g. Please make sure to bring your own tape if you would like any of the following: spat, kinesiology tape, turf tape.

4. Stadium provides
 - a. Towels for showering after practice
 - b. Daily laundering of all practice clothes