WFCA All-Star Games
Camp Packing List

1. Ideas of items to bring to dorm other than normal clothing
    a. Extra contacts
    b. Any meds (over the counters, allergy, Epi Pen, inhalers, etc.)
    c. Water, Gatorade or other snacks
    d. There is a hook up for TV in each room
    e. Small fan and a large fan for window
    f. Shower shoes
    g. Boot dryer for cleats (even if it doesn't rain, the grass is wet for morning practices)
    h. Shower towels
    i. Extra socks
    j. Spending money for after practice runs to get food

2. Dorms Provide
    a. Bed linens and blankets (They are not great)
    b. Mini Fridge with small freezer on top (UW Oshkosh & UW River Falls only)
    c. Microwave (UW Oshkosh & UW River Falls only)

3. Equipment to bring for practices
    a. Practice pants (WFCA does not provide these)
    b. Helmet –make sure it fits and check all pads and hardware
    c. Shoulder pads-check all straps
    d. Girdle with all pads
    e. Cleats (Make sure to break them in before first practice)
    f. Any gloves

4. Stadium provides
    a. Towels for showering after practice
    b. Daily laundering of all practice clothes